

Revealing the Invisible Book (Summary)

What is the impact of a coach who is curious in who you are and what you know, helps you discover your best talents, and then expects you to use them, holding you accountable for bringing your best to what you do? Coaches make a tremendous difference in how people approach their work, impacting competitive advantage for any business and strengthening the health of any workplace environment.

In *Revealing the Invisible: Coaching the People You Lead to Discover, Learn, and Grow*, seasoned leadership coach Mark Hecht shares 30 days of reflections from his 30 years of global coaching that will challenge you to:

- Seek in others what no one else sees, revealing the invisible within people so they can become the best version of themselves.
- Move to curiosity in conversations, keeping the learning, thinking, responsibility, and action with the person you are coaching.
- Have presence with people so they experience connection and the joy of being heard and known.
 - Help others identify interferences that keep them from performing at their best.

Let *Revealing the Invisible* help you consistently coach others to be their best when their best is needed.



Mark Hecht

Mark Hecht is a leadership coach and workshop facilitator with three decades of experience that spans multiple cultures and locations in over 20 countries across Asia, Europe, and the Americas. His unique global exposure brings an insightful perspective of cultural diversity and individual uniqueness to his coaching and workshop experiences. As a coach, Mark is recognized for his ability to connect with leaders, investing in their journey to excellence in leadership. His coaching workshops focus on the leader's ability to connect with people and create coaching conversations that matter. Wherever you may be on your leadership journey, Mark can help you learn to draw upon your unique talents to improve your leadership and personal effectiveness.

In 2016 Mark retired from Eastman Chemical Company and started Coaching Horizons to continue investing in the excellence of leaders. In 2020, Mark published *Revealing the Invisible: Coaching the People You Lead to Discover, Learn, and Grow*, an Amazon #1 International Bestseller.

Mark's core perspective on coaching has been shaped over the years by Tim Gallwey and Coach John Wooden. He is certified in the Inner Game of Performance Workshop (Tim Gallwey) and the John R. Wooden Leadership Course. He is a graduate of Virginia Tech (1981) and received his Executive and Leadership Coaching Certification from UT at Dallas in 2007.

Since 1981 Mark and his wife Bonnie have lived in East Tennessee where they raised five children.

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